

Home Backyard Park

Can't make it to the resort to get outside? With a little snow and a bit of creativity, anyone can snowboard right in their own backyard!



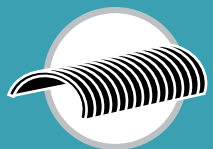
Recycle Bin



Branches & Logs



Trash Can



Corrugated Plastic Culvert Cut in Half



Old Tires with Homemade Wooden Rims

Materials

You can easily build a course full of fun features with a selection of everyday household and natural outdoor objects.

Be creative and keep things fresh and exciting. Look through your basement, garage, or even the woods to see what you can find that could be used as a feature!



Large Snow Shovel



Snow Mover Shovel



Regular Size Snow Shovel



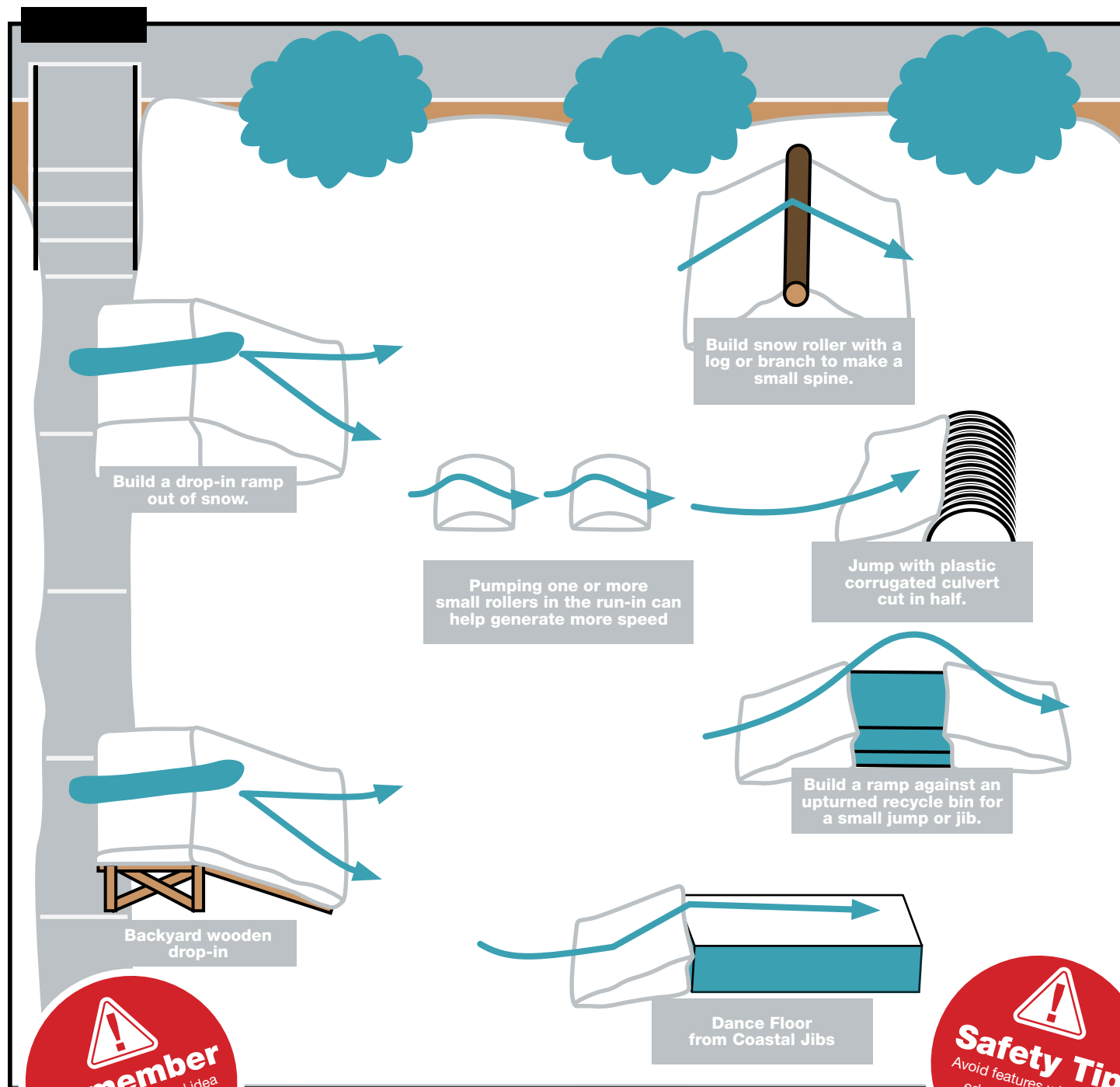
Spork from Coastal Jibs

Tools

The most important tool for building a backyard park is a simple snow shovel. Level up with larger snow mover shovels or specialized grooming rakes.

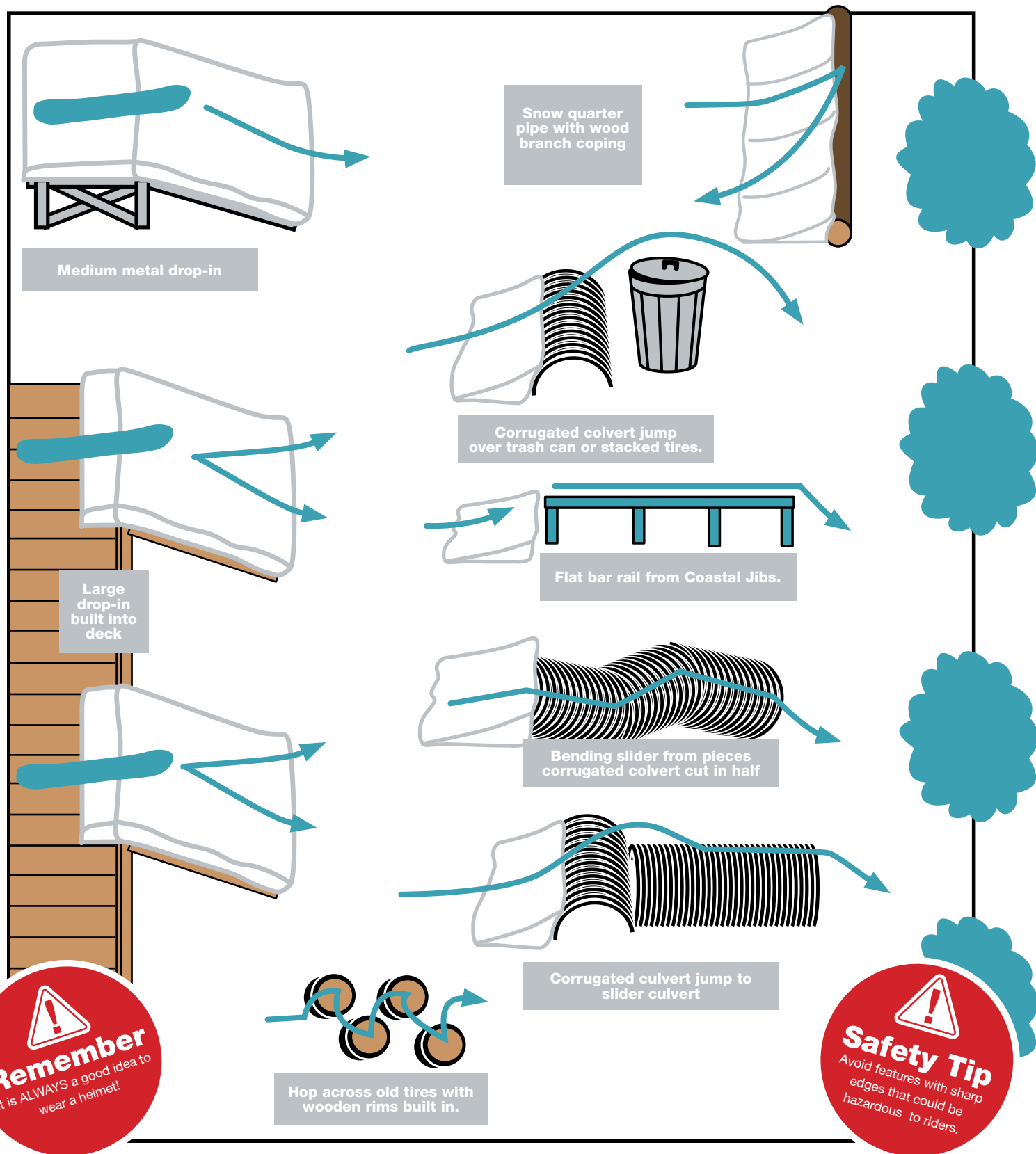
Backyard Park: Basic Setup

There is room for variety and creativity as you build your course. First, grab anything you can place on the snow that can act as a feature—recycle bins, boards, tires etc. If you can, build a small wooden drop-in ramp. Or if you have enough snow, build a drop-in ramp, rollers, and other features out of snow. Have fun experimenting with different courses making rollers, jibs, jumps or slider features, then grab your board and drop in to your park line!



Backyard Park: Ultimate Setup

Take everything from the basic setup and get even more creative! Shape snow transitions and make a quarter pipe using a branch for coping. Grab a set of old tires and make wooden rims to make an obstacle course. Hop from one tire to the other while strapped into your board. You can also shape a transition jump out of the culvert and place a trash can to jump over. If you truly want to create the ultimate backyard park, you can order features such as flat rails or a jamming pole from companies like Coastal Jibs.



Backyard Stoke For Your Backyard

Here are a couple of additional stoke items if you want to get down in your backyard. A trampoline and tramp board from Snowboard Addiction is a great way to build air awareness and practice tricks. A balance bar on a deck or flat surface can help a rider learn to jib and quickly progress to actually sliding a box or rail.



Trampoline with trampoline specific boards.



Balance Bar.



Sliding her first box!



Keep a scraper near the drop-in to scrape off ice build up to allow for your board to slide well on the features.

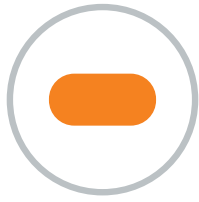


Add pull handles to the top of your drop in for additional speed.



Set up portable lights for a night session.

Safety Concepts



Park Smart

The orange oval designates Freestyle Terrain. Familiarize yourself and your kids with the SMART system for riding freestyle features.



PARK SMART

Start Small

Work your way up. Build your skills.

Make a Plan

Every feature. Every time.

Always Look

Before you drop.

Respect

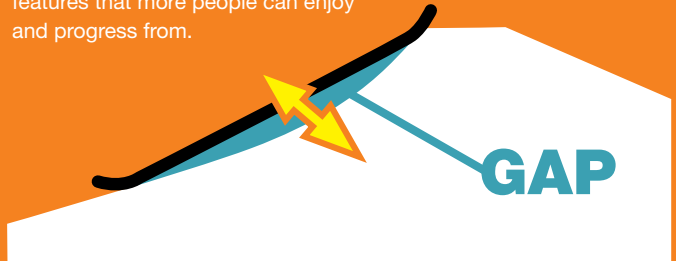
The features and other users.

Take it Easy

Know your limits. Land on your feet.

The Compression Zone

When building your backyard Riglet features, understand the Compression Zone. The Compression Zone is the “gap” in the transition between the board and the snow. A small gap creates a gentler compression zone and that is what we want for mellow features that more people can enjoy and progress from.



Terrain Park Communication

Before starting your course, it is important to learn these hand signals



OPEN
Good To Go!



CLOSED
Do Not Go!



Call your drop.

Hitting a Jump—ATML



Approach

Adjust your speed early and ride to the jump straight, with a flat board.

Takeoff

Keep your shoulders in line with your board, and give a little pop.

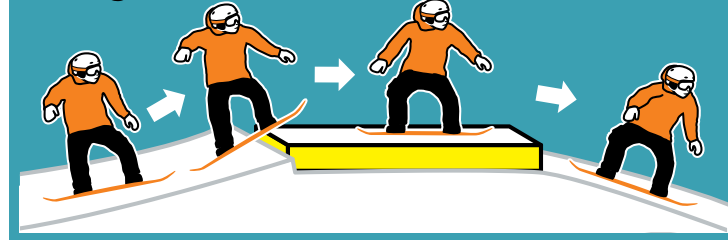
Maneuver

Look forward to the landing and suck up your legs.

Landing

Land, pause to ride it out past the landing zone, THEN turn to slow down.

Hitting a Box—ATML



Approach

Make your setup turns early so you can glide straight once you get closer to the feature.

Takeoff

Takeoff on a flat board, by bending your knees and riding onto the feature.

Maneuver

Stay low, keep your board flat and look to the end of the feature.

Landing

Ride off the end, landing with your board straight and absorbing the landing.

TIP:

Ride through the park first. Get a feel for the speed, angle of the features, and the rhythm. Check the landing and now you've got a plan. Hit it.

Burton Tutorials



Jeff Boliba has been snowboarding for over 35 years. For 20 of those years, he's worked at Burton leading innovative global programs making snowboarding accessible and building participation. He's an accomplished multi-sport coach, a certified snowboard instructor and children's specialist. He helped develop the Freestyle Terrain symbol (Orange Oval), Park Smart terrain park safety program and is the lead for the Stash Park, Learn To Ride and Riglet snowboarding programs. To date he has hosted many different types of Park environments. Prior to Burton he was the Snowboard Operations and Marketing Manager at Park City Mountain Resort.